

# Enneagram CURRICULUM

## “Enneagram Practitioner, EWA”

### Enneagram World Association (EWA)

“Enneagram Practitioner, EWA”: Minimum 3 training days in at least 18 hours  
( after the Entrance Qualification: “Enneagram Basics, EWA”)

- **The 27 Enneagram SubTypes**

Each 9 types has 3 SubTypes (Self-Preservation, Social, One to one) They come give another layer of complexity to the Enneatypes. It is important to know them as they are easy to change and would be an important first step to understand how to move around in the Enneagram symbol.

- **The Three Brains behind the 9 Types & The Three main Instincts**

This explains how the Subtypes came to be through the emotional centers. This includes: The Instinctual Sequence (Stack), The Dominant Instinct, The Repressed (Blind) Instinct.

- **The Enneagram Harmonic Groups**

The enneagram is broken into groups of three. The most popular group is the Center of Intelligence. There are many of these groupings and all are worth understanding. One such grouping is referred to as the Harmonic Groups.

Enneagram Harmonic Groups helps show how each type copes with conflict and difficulties. Harmonic groups also show how we defend against disappointment.

The three Enneagram Harmonic Groups are broken down in to the Positive Outlook Group, the Competency Group, and the Reactive Group.

- **The Harmony Groups**

Enneagram Harmony Groups shows us how each of three groups relate to the world. The Harmony Groups are broken down into: the Idealist Group, the Pragmatist group, & the Relationist Group.

- **Hornevian Groups**

Enneagram Hornevian Groups help show us how each enneagram type interacts with other people to meet their own needs. The three Enneagram Hornevian Groups are broken down into the Compliant Group, the Withdrawn Group, and the Assertive Group.

- **The Levels Of Development (How Each Type will Look Like in each Stage/Level of Awareness)**

9 Stage of awareness on how Healthy or Unhealthy each types behave on a gradient explain what behaviour they would adopt at each stage.

### **The Process Enneagram**

The view of Enneagram by George Gurdjieff. Before the more popular Enneagram of Personality, George Gurdjieff had his own vision of Enneagram that takes in a higher globality of the processes of each thing as a systemic.

- The Law of One / Octave
- The Law of Three
- The Law of Seven

The Law of Seven or law of octaves, according to which phenomena evolves in seven steps; and the Law of Three, according to which phenomena are produced by three forces, are presented by Gurdjieff as global laws appearing on all scales and essential to his cosmology.